



Join the Cathedral on Sunday

> Center yourself

A verse for each Sunday in Easter "I am the vine, you are the branches; he who abides in Me and I in him, he bears much fruit, for apart from Me you can do nothing." John 15:5

"Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us." Romans 5:3-5

"Create in me a clean heart, O God; and renew a right spirit within me." Psalm 51:10

"And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love." Romans 8:38-39

"The heart of man plans his way, but the Lord establishes his steps."

Proverbs 16:9

"God is our refuge and strength, a very present help in trouble." Psalm 46:1

"And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:7

Get outside! Keep track of your daily miles for all 50 days

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Other Cathedral Events

4/11 Blood Drive

4/17

Threads of Comfort & Joy

5/2

May Fete

5/11

Spring Gathering

5/14-15

Racial Reconciliation Event

5/16

Virtual Coffee Hour & Senior Sunday

5/22

The Final Event



Breath

Prayers

while

walking

Trail Mix

for your journey

inhale "God grow something beautiful..." *exhale* "...in me"

inhale "My help comes from the Lord..." *exhale* "...the maker of heaven and earth."

inhale "Holy One..." *exhale* "...heal me."

inhale "Nothing can separate me..." *exhale* "...from the love of God."

inhale "Not my will..." *exhale* "...but yours."

inhale "When I am afraid..." *exhale* "...I will trust you."

inhale "You surround me with love..." *exhale* "...and tender mercies"











Read your Bible New Podcast Every Monday Join Noonday Prayer M-F Join Amazing Women of Faith April 8 & May 6

Bridge Night May 7



Flowering the Cross April 4



Join Walkabout April 24 & May 8



Join us for church on Sundays



with
Community
Small Group



We will end on Pentecost